

# CVILLEATHON

## 2019 PARTICIPANT RACE CHECKLIST

Complete at least 26.2 miles in these non-profit races! Email this form to [cvilleathon@gmail.com](mailto:cvilleathon@gmail.com).

NAME \_\_\_\_\_ E-MAIL \_\_\_\_\_

- SHIRT**
- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Women's Small | <input type="checkbox"/> Women's Medium | <input type="checkbox"/> Women's Large | <input type="checkbox"/> Women's Extra Large |
| <input type="checkbox"/> Men's Small   | <input type="checkbox"/> Men's Medium   | <input type="checkbox"/> Men's Large   | <input type="checkbox"/> Men's Extra Large   |

### JANUARY

- |   |            |             |
|---|------------|-------------|
| <input type="checkbox"/> New Years Day 5K | TIME _____ | MILES _____ |
| <input type="checkbox"/>                  | _____      | _____       |

### MARCH / APRIL

- |   |            |             |
|---|------------|-------------|
| <input type="checkbox"/> Sugar Hollow 5K/10K            | TIME _____ | MILES _____ |
| <input type="checkbox"/> Haven 8K/4K                    | _____      | _____       |
| <input type="checkbox"/> Fix a Leak 5K (May)            | _____      | _____       |
| <input type="checkbox"/> Charlottesville Ten Miler      | _____      | _____       |
| <input type="checkbox"/> Free Union 5K/10K (April)      | _____      | _____       |
| <input type="checkbox"/> Pi Miler (April)               | _____      | _____       |
| <input type="checkbox"/> Camp Holiday Trails 5K (April) | _____      | _____       |

### APRIL

- |   |            |             |
|---|------------|-------------|
| <input type="checkbox"/> Zeta Run for Life 5K | TIME _____ | MILES _____ |
| <input type="checkbox"/> Run for Autism 5K    | _____      | _____       |
| <input type="checkbox"/> Run for Years        | _____      | _____       |
| <input type="checkbox"/> Masters Mile         | _____      | _____       |

### MAY

- |   |            |             |
|---|------------|-------------|
| <input type="checkbox"/> Batesville 10K                             | TIME _____ | MILES _____ |
| <input type="checkbox"/> CHS Band on the Run 5K                     | _____      | _____       |
| <input type="checkbox"/> University Montessori School Reservoir Run | _____      | _____       |
| <input type="checkbox"/> Scottsville Scoot 5K                       | _____      | _____       |
| <input type="checkbox"/> Run & Remember 5K                          | _____      | _____       |
| <input type="checkbox"/> Ramblin' Rabbit 5K                         | _____      | _____       |

### JUNE

- |  |            |             |
|--|------------|-------------|
| <input type="checkbox"/> 4 Our Freedom 5K  | TIME _____ | MILES _____ |
| <input type="checkbox"/> Bruce Barnes Mile | _____      | _____       |

### JULY

- |  |            |             |
|--|------------|-------------|
| <input type="checkbox"/> Independence Day 5K | TIME _____ | MILES _____ |
| <input type="checkbox"/> CTC Track Meet      | _____      | _____       |
| <input type="checkbox"/> CTC Track Meet      | _____      | _____       |
| <input type="checkbox"/> CTC Track Meet      | _____      | _____       |
| <input type="checkbox"/> CTC Track Meet      | _____      | _____       |
| <input type="checkbox"/> PR for Public Radio | _____      | _____       |

### AUGUST

- |   |            |             |
|---|------------|-------------|
| <input type="checkbox"/> Josephine's Village 5K | TIME _____ | MILES _____ |
| <input type="checkbox"/> Splash for a Cure 5K   | _____      | _____       |
| <input type="checkbox"/> Women's 4 Miler        | _____      | _____       |

### SEPTEMBER

- |  |            |             |
|--|------------|-------------|
| <input type="checkbox"/> Pepsi 10K                     | TIME _____ | MILES _____ |
| <input type="checkbox"/> CCS All-Terrain 5K            | _____      | _____       |
| <input type="checkbox"/> Yards for Yearly Hoos Heal 5K | _____      | _____       |
| <input type="checkbox"/>                               | _____      | _____       |

### OCTOBER

- |  |            |             |
|--|------------|-------------|
| <input type="checkbox"/> Clark 5K Buzz by Belmont  | TIME _____ | MILES _____ |
| <input type="checkbox"/> Blue Ridge Burn           | _____      | _____       |
| <input type="checkbox"/> Community Bridges 5K      | _____      | _____       |
| <input type="checkbox"/> Bill Steers Men's 4-Miler | _____      | _____       |

### NOVEMBER

- |   |            |             |
|---|------------|-------------|
| <input type="checkbox"/> Run for Shelter 5K         | TIME _____ | MILES _____ |
| <input type="checkbox"/> Fourth Year 5K             | _____      | _____       |
| <input type="checkbox"/> Kelly Watt Two Miler       | _____      | _____       |
| <input type="checkbox"/> Boar's Head Turkey Trot 5K | _____      | _____       |

### DECEMBER

- |  |            |             |
|--|------------|-------------|
| <input type="checkbox"/> Freedom 5K            | TIME _____ | MILES _____ |
| <input type="checkbox"/> Monticello Holiday 5K | _____      | _____       |
| <input type="checkbox"/>                       | _____      | _____       |

**SUBMIT THIS FORM ONLINE  
OR USE OUR NEW GOOGLE FORM!**  
<https://forms.gle/L5rvYVu6Krijt4g88>

**TOTAL MILES:** \_\_\_\_\_  
**TOTAL TIME (optional):** \_\_\_\_\_